

First Edition for brand new total coverage community newspaper

Well it's off the ground, through the press and into your homes by now, and hopefully, you are reading the first issue of *The Highlands Express*, jointly produced by Bob Mann of Stanhope Township and Cliff Burke of Minden.

Some of you will no doubt say, "my gawd another newspaper," however we are proud to point out that this newspaper is the only one published AND printed under its own roof in all of Haliburton County.

The Highlands Express is completely set-up, photographed and printed by web offset at Highlands Printing and Publishing and will be coming your way free of charge for several weeks.

In addition to publishing *The Highlands Express* we offer you a complete printing service with all work being produced in our plant located on the North Shore Road, two miles north of Carnarvon, half mile east of Highway 35.

Through the pages of *The Express* we intend to provide you with news events from around the County and surrounding areas, and with your support and assistance we'll do it!

We hope you enjoy your "First Edition" and will look forward to each issue of *The Highlands Express* with anticipation, each and every week.

Bob Mann, Publisher

The HIGHLANDS Express

Vol. 1, No. 1 Minden, Ontario, November 16, 1977 15¢ copy

\$3800 damage in 4 vehicle mishaps, 1 injured

Despite the icy conditions of the past few days, the Minden O P P detachment had a somewhat quiet week. There was a total of \$3,800 in damages incurred in four separate accidents. One man was injured, one deer killed and there were no charges laid in any of the mishaps.

The most serious accident occurred on Hwy. 35 just south of Miners Bay lodge, where Peter Pracin, 54, of Etobicoke, a passenger in a car driven by Lew Kurylec 54, also of Etobicoke, was injured.

Northbound on Hwy. 35, Mr. Kurylec lost control of his car and struck a rock face in the west ditch. Mr. Pracin suffered back injuries and was taken to Minden Red Cross hospital. Damage to the car was estimated at \$900. Investigated by Provincial Constable Weldon Popp.

A hunter was in the right place at the right time early Saturday morning.

Gerald Smith, 37, of Oshawa, was northbound on Hwy. 35, south of the 121 Kinmount Road junction, when he struck a deer that had run across in front of him.

Police found an unidentified hunter in the area and got him to destroy the badly injured animal, which he was allowed to keep.

Damage to the front of

the 1976 car was estimated at \$300. Investigated by Provincial Constable Weldon Popp.

Icy conditions contributed to some \$2000 in damage to a car driven by Johnathan Norton, 17, of Toronto.

Mr. Norton was eastbound on Cty. Rd. 12 near Dorset,

when he rounded a curve and slid on an icy patch, struck a rock face in the south ditch and the car rolled over. Investigation by Provincial Constable Garry Chapman.

Icy conditions Friday evening also were to blame in a single car accident on

Hwy. 530, west of Maple Lake.

Stephen Driver, 23, of Ajax, was eastbound when his car began to slide on the icy pavement and entered the north ditch. Damage was estimated at \$600. Investigated by Constable G. Chapman.



MINDEN — Anson Township is proving to be very profitable to Hugh Taylor the past two years. Above Hugh holds the pelt of a full grown female wolf he snared a week ago in Anson Township, where he holds trapping rights with Roy Kernohan. With the recent bounty of \$25.00 being restored this year by the Ministry of Natural Resources, Mr. Taylor should realize well over \$100.00 for his catch. Mr. Taylor told *The Express* that he caught a much smaller wolf last year and it paid him \$77.00. According to MNR officials, some dozen wolves have been snared to date in Haliburton County.

"Round About"

FENELON FALLS — Congratulations go out to Corporal Terry Sneddon, formerly of the OPP Detachment in Minden and now with the Fenelon Falls Detachment who recently received Long Service and Good Conduct medals.

OAKWOOD — Pulling off the road north of Oakwood on Sunday for a snooze led to the arrest of James Geoffrey Casterson, 18, of the Windsor area on a car theft charge and his subsequent conviction. The accused was sentenced to 30 days upon entering a guilty plea, before Judge L. T. G. Collins in Lindsay Provincial Court last week.

LINDSAY — The Trent Muskies moved into a tie for fourth place with Cobourg Cougars in the league standings last week, when they edged the Port Hope Flamings 7-5.

A five-year-old boy returning from his first day at school told his mother, "I'm not going back, I can't read, I can't write and they won't let me talk."

BANCROFT — A new, 200-foot steel tower located on the old Bancroft Lookout Tower site, two miles east of Bancroft, was hooked into the communications system of the Ministry of Natural Resources recently.

The new tower erected on the site of the old structure formerly used as a fire alarm lookout tower, took only two days to complete and enables 2-way radio contact with all base and mobile sets in the area.

TORONTO — Exploration news intensifies. As always, higher prices for silver and gold imply increased incentive to the mining community to pursue exploration projects of merit. Over recent months an increasing proportion of mining exploration-development news has concerned gold and silver prospects, and a sharp increase in trading activity has taken place in the junior gold and silver issues. As world prices move higher we anticipate an increasingly active junior gold and silver market, with an accompanied increase in opportunities for stock market gains.

STANHOPE TOWNSHIP — The annual meeting of the Stanhope Airport Committee is slated for Tuesday evening, November 22nd at the Stanhope Library on the North Shore Road. The meeting will get under way at 8 p.m.

Garage, Firehall tenders let

STANHOPE—Tenders for the installation of septic systems at the Stanhope Garage and Fire Hall were opened at the recent meeting of Stanhope Council and Larry Hewitt was awarded the contract on having the lowest tender.

The work is to start immediately with a complete septic system for the new

township garage and an additional 150 foot tile bed and new 1000 gallon septic tank at the Fire Hall. The present 700 gallon septic tank at the Fire Hall will be moved over to the garage.

The winning tender by Mr. Hewitt, was \$890.00, with \$525 towards the Fire Hall work and \$365 for the work at the garage.

WINTARIO NUMBERS

(Nov. 10th)	
Series	Number
25	62269
47	61141
28	36361
64	68672
42	39531



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Ask Alma

BY ALMA

Dear Alma, I told my dad that I was invited with a date to go on a picnic dinner where the kids usually hang out. His reaction really threw me. He turned red, stomped around and refused to discuss it. Now I'm sorry I mentioned it because I'm confused about what to do. — 15 years old

Dear Fifteen, Every neighborhood has a memorable location for teenagers — where generations have gone to "watch the evening submarine races." Your dad must know the location you mentioned. I suspect that you've jolted him into the realization that you have grown up, and that he needs a little time to think through the situation. Bring the subject up again when he's calm and relaxed. Keep your cool and be prepared to abide by his decision. Good luck!

Dear Alma, I'd like to know how your general social philosophy differs from Ann Landers and Dear Abby. In other

words, what makes you so hot? — P.N.S.

Dear P.N.S., How? In today's jargon, I'd rather be called "cool." Having never conversed with Ann or Abby, I wouldn't presume to be an authority on their social philosophies. As for my own, I believe that one should march to his own drummer while watching out for the other guy's toes.

Dear Alma, I just found an application to Quatrefoil (an organization for widowers) in my husband's pocket. Should I be worried? — Uneasy.

Dear Uneasy, Your question implies a suspicion that your husband is about to do you in. Our fantasies are usually more scary than the truth. Hand the form to your husband and matter of factly say, "Hey, look what I found in your pocket." He'll tell you how it got there (you won't have to ask) — but you'll have to be prepared to tell him why you were going through his pockets.



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OHRP funds expended, Stanhope loses \$27,532

STANHOPE — In a letter read to Stanhope Council last week from Mark Seasons, Community Renewal Officer for the Ministry of Housing, Council was informed that they would not receive the balance of the Ontario Home Renewal Plan funds of \$56,532.44 they were allocated earlier this year. Stanhope has received and spent the first allotment of \$29,000 and was awaiting the balance of \$27,532.44 to begin work on Township homes that had been promised home improvements under the OHRP program.

Mr. Seasons said "I regret to inform you that the funds originally allocated for the OHRP program have been expended which means that the Community Renewal

Branch cannot process the Township's request for the balance of OHRP funds." He went on to say that the balance will be placed on a 'pending' list and the municipality would be notified should additional funds become available.

Council unanimously passed a resolution advising the Ministry of Housing of the embarrassing position this puts the Township in. Council pointed out that verbal commitments were given to outstanding and pending applicants in the Township for home improvements. Council therefore suggested to the Ministry that reconsideration and review be given to the initial request for the balance of the approved allocation.

Stanhope approves new dog pound at Woodland Ranch

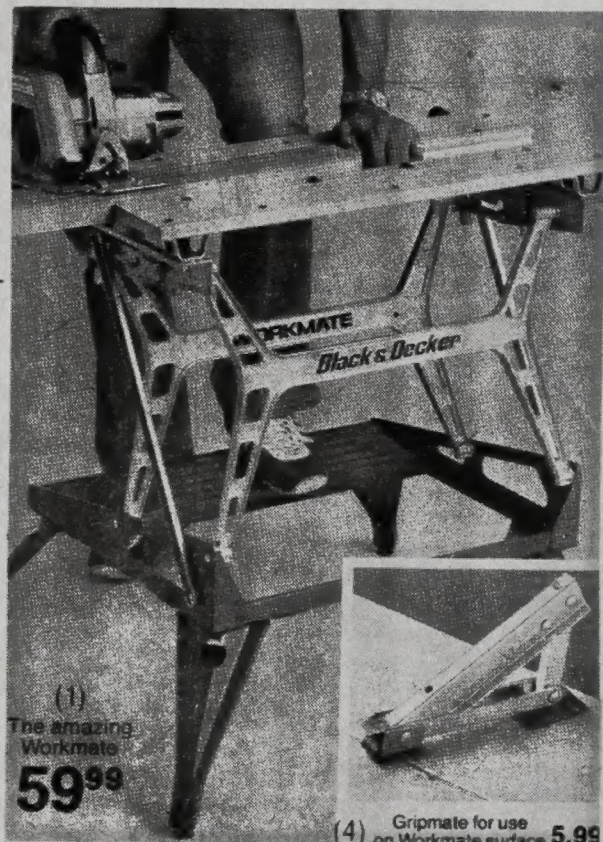
At the regular monthly meeting of Stanhope Council last week, a proposal was made to Council by Ray Woodward, owner of Woodland Ranch, offering his kennels as a dog pound for the municipality. Council passed a resolution, approving an agreement between the municipality and Mr. Woodward.

Dogs found running at large in the municipality, will be taken to Woodland Ranch and held for a maximum of five days at a cost to the owner of \$3.75 per day or \$22.00 a week. At the end of five days, if the

animal is not picked up, it will be destroyed.

Dog licences in Stanhope are presently \$2.00 for males and \$4.00 for females. However, by-law enforcement officer, Jim Moore, told the Express last week that these licences may have to be increased due to the many dogs, presently running loose without tags.

If you find your dog is missing and possibly picked up by by-law officer Moore, you can phone him at the Township office at 489-2379.



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Slight increase in hydro use

Ontario's electrical energy demand rose by only 0.2 per cent during September, compared to figures for the same month last year. The total primary energy demand in September totalled 6,998,537,000 Kilowatt-hours.

A comparison of energy demands for the first nine

months of 1976 and 1977 shows a 4.0 per cent increase this year.

September's primary peak demand came at 11:40 a.m. on September 1st, and was 12,941,000 kilowatts.

Electricity from water-powered generating stations contributed 34.2 per cent of all energy generated and

purchased during September. Nuclear power contributed 28.1 per cent, coal 19.8 per cent, natural gas 6.4 per cent and oil 0.5 per cent. The remaining 11 per cent was purchased.

The first two units at the Bruce Nuclear Generating Station went into service the first day of the month. Each unit has an installed capacity of 800 megawatts.

Following two months of record rainfall which ended the drought conditions in Northwestern Ontario, hydro electric generating stations in that part of the province increased production more normal levels.

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Youngster found safe, after wandering off with dog

KIRKFIELD — A two-and-a-half year old boy, Trevor Bacon of RR 4, Kirkfield was found safe and sound by OPP from the Coboconk detachment with help from a police tracking dog.

According to OPP Corporal Terry Sneddon, the young lad was found wet, tired and cold sitting on the porch of a cottage at McGuire's Beach, 2½ miles from where he was last seen playing with a bicycle.

Trevor's mother was visiting a friends place when she told him they were ready to leave and to get into the car. While Mrs. Cheryl Bacon was saying goodbye, Trevor struck up a friendship with a dog and both took off for parts unknown.

The anxious time for Mrs. Bacon lasted four hours but came to a very happy ending for all concerned.

Council to meet MNR over forest management

Stanhope Council last week past a resolution to meet with the Ministry of Natural

Resources officials regarding a more realistic management of the Crown forests in the Township.

Peter Hynard, a registered professional forester with experience both in forest management and woods industry, has set up an agenda, on topics regarding the Provinces land forest management. He has also arranged for Council to go on a field trip to demonstrate examples of forest activity in and around the Stanhope Township.

Council was in touch with D. D. White, District Manager for the Minden District, to set up this meeting later in the month of November or early in December.



TODAY: Odor problems are solved thanks to that old performer, hydrogen peroxide. Scientists at Du Pont have found that a chemical called "Tysul" WW hydrogen peroxide is an effective cure for the sulfide odor, which smells like rotten eggs. This versatile chemical eliminated the odor problem and quieted complaints from homeowners.

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10 a.m.—9 p.m.

Friday, November 18th

10 a.m.—9 p.m.

Saturday, November 19th

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New Guide for employers

A new Anti-Inflation Board guide to employers on the elimination of sex discrimination in pay rates is being distributed to firms across Canada. The guide

is designed to help firms in computing that part of the cost of carrying out such a program that may be excluded from compensation subject to anti-inflation restraints.

Good news

The moderate increase in the August Consumer Price Index was welcome news. As a result of harvesting domestic produce in large quantities, the food

component of the index increased only 0.5 per cent over July. This was the lowest increase this year. Consumer items excluding food also advanced by 0.5 per cent, this level has been fairly constant since April.

"Old porridge is sooner warmed than new-made."
Thomas Fuller



An egg is about 74 percent water.

Insulation Program could be better

The federal government has introduced a program to pay owners of older homes, built prior to 1921, a rebate for insulating their homes.

This program is one that meets with the concerns of costs of fuel and the cry for conservation of our energy sources by people across the country, but doesn't address itself enough to the problem.

The maximum \$350. offered is just a small part of the costs of putting insulation in these homes. It also doesn't include majority of the homes that exist, considering the major housing tracts built after World War II and then through the fifties, sixties and seventies.

Many of those homes are not well insulated and they too need the financial help.

If the federal government and provincial government are concerned about the high costs of fuel and saving of energy then they should be addressing the problem in a serious matter and talking of a grant for a percentage of the total costs.

The program must be expanded to include all houses, because a majority of them are not properly insulated when they were built and the monies must be sufficient to attract all owners in a major program to concern energy.

Our energy resources are definitely being consumed and the drain will in the future effect the prices we pay for them. To help preserve these resources it is necessary for a positive government action of the most significant kind.

Building owners haven't the additional cash to do the work and a stimulus must be found to help and aid them in preserving energy for the future.

The few dollars of preventive costs can certainly be recouped later in the savings of costs for energy resources.

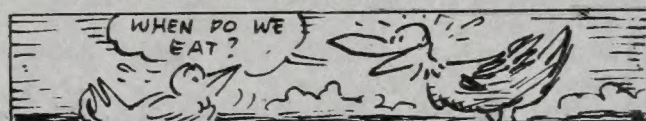
Metric conversion

TORONTO — The Ontario Blue Cross will send you a free auto metric speedometer conversion sticker that will fit on your present speedometer without blocking the view.

The specially designed metric conversion stickers fit on the glass in front of your present speedometer and are easy to read while driving during the day or night.

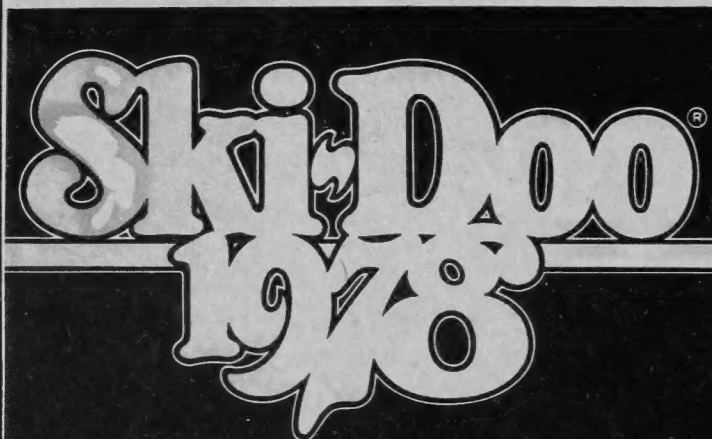
The conversion kit includes stickers for 30 km-h, 40 km-h, 50 km-h, 60 km-h, 70 km-h, 80 km-h and 100 km-h. Drivers have had a problem converting the metric speeds to the miles per hour on most older car's speedometers.

The stick-on conversion stickers can be obtained by writing to Ontario Blue Cross, 150 Ferrand Drive, Don Mills, Ontario. M3C 1H6.



Baldheaded eagles are larger at age 2 than when fully mature.

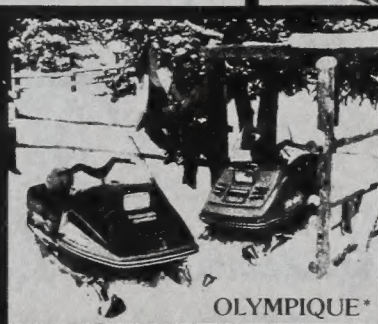
Best Wishes to The Highlands Express



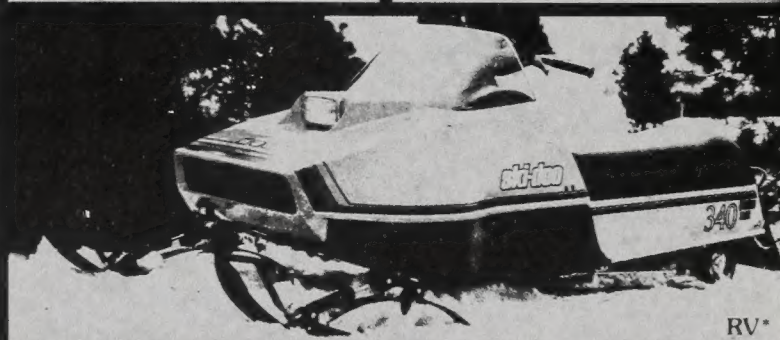
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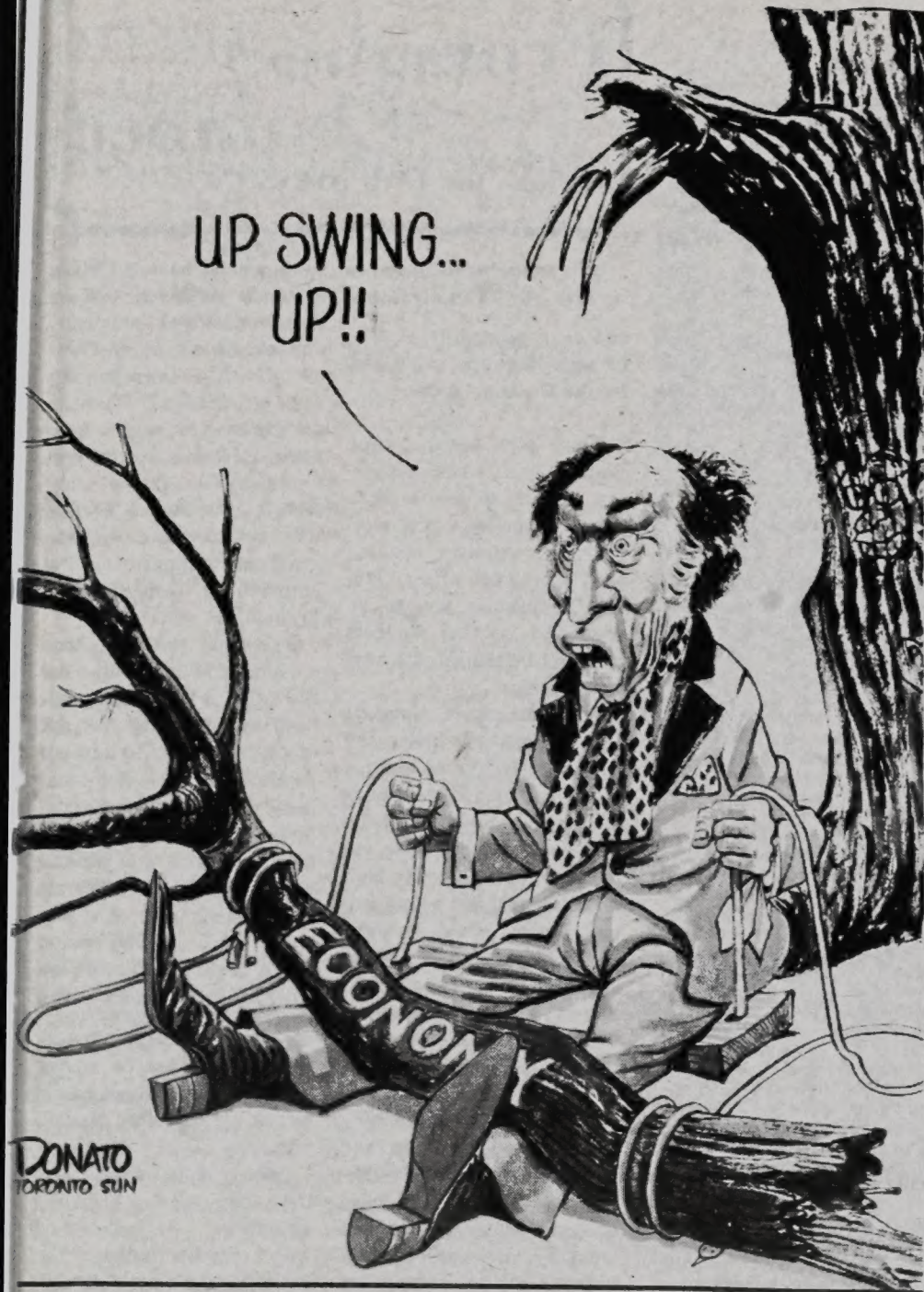
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Space Fantasy Strip "Star Hawks" Begins

There's exciting adventure in store for readers of all ages starting Monday with the introduction of our new addition to the comics, "Star Hawks". This innovative strip is a fantastic visual excursion through strange worlds policed by the Interplan Law Service agents known as Star Hawks.

"Star Hawks" is the creation of two of the biggest names in their respective fields. Ron Goulart, the writer of the new strip, is one of today's most popular Science Fiction novelists. Artist behind "Star Hawks" is Gil Kane, the father of modern comic-book art and a three-time National Cartoonist Society award winner. Kane's remarkable illustrations are showcased in "Star Hawks" with its unique two-tier (double size) format. Action moves twice as fast in the striking new look, too.

Principal characters in the action-packed, fast-paced adventure are Star Hawks Rex Jaxon and his cavalier sidekick Chavez. They are aided by their sarcastic robot-dog Sniffer and report to the ILS Chief Agent Benyon — Alice K. Benyon. Star Hawks Chavez and Jaxon grapple with an astounding variety of mutants and bizarre alien life forms.

The first episode of "Star Hawks" opens on the planet Esmeralda, a long way from here, a long time from now. Watch for "Star Hawks"

Star Hawks ...



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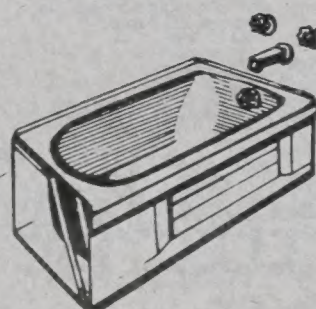
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Samantha READS YOUR STARS

If you were born this week: You sometimes find it difficult to achieve a balance in your reactions to people. You tend to be either overly suspicious or entirely too gullible. You are ambitious and enjoy challenges of any kind. You may be a puzzle to others; you can be known well, but not completely.

ARIES (3-21-4-19): Party lights draw you like beacons, Aries. Be prepared to do some fast steppin' — and not only on the dance floor, my pet. Later, act on minor complaint before molehill becomes mountain. Finally, romantic hijinks make you glad as days waltz off cheek to cheek.

TAURUS (4-20-5-20): And while we're on the subject of trees, (well, maybe we weren't, but we are now) you're usually like an oak tree. You're strong, unyielding, and magnificent. This week, dear heart, try to take a leaf from the willow. Bend a little. You'll still be magnificent, Taurus baby!

GEMINI (5-21-6-20): You can do a fine impression of a juggler, Gem. You gets lots of practice, keeping ten dozen or so activities going at once. However, if you try to take on that eleventh dozen, your whole act could fall apart. Savvy?

MOONCHILD (6-21-7-22): People come to you with their problems, Moonbeam, sensing your empathy. You do what you can; but to paraphrase an old saw, you can help some of the people all the time and all the people some of the time, but can't help everyone all the time. Establish priorities, angel!

LEO (7-23-8-22): Your patience is tested this week, Leo, and you may have an important decision to make. Don't let impetuous ideas tip your scale. Later, that bag of tricks left over from Halloween is stale, baby; pitch it!

VIRGO (8-23-9-22): Varied week draws mixed reviews, Virgo. An interruption, a good deed, and a sexy confrontation fill your days to the brim. And Sam won't even mention

the banana peel as week comes to super-slippery conclusion!

LIBRA (9-23-10-23): Now, I know that reckless feeling is giving you almost irresistible urges, Libby, but do try not to get into TOO much mischief! Do try to avoid gambles, too, sweetheart; red checkbooks just aren't pretty.

SCORPIO (10-24-11-22): There's always something special about you, Scorp, but this week your charm quotient has extra added attractions. Use 'em to sexy advantage. Days wiggle by with a P, for provocative, proud, and prevaricate.

SAGITTARIUS (11-23-12-21): Sparks may fly at a social gathering, Saj. And remember, even innocent bystanders can receive a poke in the ribs. Later, opportunity abounds, IF you can pick it out of the surrounding fog! Week whistles by.

CAPRICORN (12-22-1-19): You've so much to do, Cappy, that you may just get confused. Dust off those organizational skills and wade in! Week includes financial interest, a mysterious message, and flying feathers on the home scene.

AQUARIUS (1-20-2-19): Emotional roller coaster takes you for a hi-low ride, Aquari. Strangely enough, some of that opposition to your plans comes from you yourself. Better put your own thoughts in order before you work on others'.

PISCES (2-20-3-20): New idea is a real pot-boiler, Pisces! Strike while inspiration is hot. Then, Venus writes an exciting chapter in your romantic adventures serial. Days glide by with glitter, glory, and a rousing grok!

From the Chamber

BY BOB STINSON

The following editorial is written by Victor Godin, and is reprinted from Exchange Magazine, published by the Ontario Chamber.

There was a time after World War II when employers waited in line to hire any university graduate. Campus recruiting became such a crowded affair, Ethics Committees had to be organized so that students wouldn't be rushed into anything rash.

How times have changed! Thousands of graduates are emerging from universities with employment expectations that simply won't be met. We have declining enrollment in Ontario high schools and 1,500 people entering high school teacher-education courses. Pilots are being trained in community colleges and private airlines are laying them off; some 60 per cent of the students in certain Toronto high schools are dropping out before graduation and we have approximately 125,000 unemployed high school dropouts under 25 years of age. We are inadvertently building a large element of discontented people — educated and uneducated. Predictions of on-campus job riots are being soberly discussed in knowledgeable circles.

Notwithstanding, we have a proposition which goes something like this: "Stu-

dents should have the right to study medieval pottery in university and the university should not be concerned with their employability after graduation." There is an almost irrational fear in some circles that the university's role as the intellectual crucible of society will be damaged by too great an emphasis on the employment potential of graduates.

It seems, however, that students should also have the right to know the likelihood of obtaining related employment before they commit their best years and thousands of their personal and public dollars. It's been suggested that all university courses could be assigned some sort of a job-value rating. Some would get a zero rating. But the truly gifted student with

zeal for knowledge in a particular discipline no matter how obscure, will not be deterred by acquiring objectivity.

Nobody would suggest that the university course structures be re-designed with every fluctuation of the nation's economy. Let universities continue to enrich our cultural requirements in every field of study without regard to economic utility. But let them also cast a planner's eye to the economic realities of the outside world.

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THEN: In years past, quarries were surrounded by open land, miles from residential areas, and hydrogen peroxide was just something you used for bleaching your hair and for treating minor cuts. As housing developments spread into rural areas, homeowners began to complain of sulfide odors coming from quarries, especially on hot, hazy days. At that time, few people realized that the solution to the problem was hydrogen peroxide.



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OTTAWA and Small Business



Kangaroo?

by JIM SMITH

The first European explorers were roaming through the backlands of Australia, guided by a handful of Aborigines. A strange animal came bounding across the plain, hopped in front of the explorers and hopped away. "What do you call that?" the astonished Europeans asked their guides.

"I don't know," one of the guides replied in his native tongue. And that's how the kangaroo ("I don't know," in Australian Aborigine) got its name.

"Socialism", "capitalism", "communism" and all the other "isms" are basically like kangaroo. What each of them means is "I don't know" for various branches of socio-economic thinkers.

Jargon has overwhelmed us, inundated us with words that really have no meaning. "Communism", for instance, certainly meant something different to Marx than it means to contemporary Russian leaders. The trouble with jargon, you see, is that it prevents us from communicating effectively.

If it weren't for jargon — which results in us arguing about whether Canada should have more or less "socialism" when we can't even agree on the true meaning of "socialism" — we could get down to the significant question of defining our exact socio-economic objectives in concrete terms.

Cut through the political jargon of any nation and you'll find one elementary truth: each country has developed its own "ism". There's Americanism. There's Germanism. There's Japanism. There's Brazilism and Italianism. The "ism" can't be solidly defined (although, in some nebulous

sense, it represents the degree of government intervention); the "ism" exists in the attitudes and actions of the people rather than in any textbook guidelines.

But Canada doesn't possess a genuine Canada-ism. Instead, we have a spillover from the United States that can probably best be described as American branch plantism. And, if there is anything worse than being hung up on jargon, it must be the failure of a country to own anything worth lavishing jargon on.

American branch plantism has not been without its rewards for Canadians in years gone by. But, in the modern setting, it is tremendously threatening. More and more branch plants are finding that it is cheaper to manufacture in the low-wage areas like Korea and the Philippines than to operate in Canada. Within the next decade, we could find that the manufacturing side of branch operations in Canada will have moved to other countries, even though we might still be psychologically dependent on those branch plants.

Canada needs her own "ism" based on natural domestic industry, hard work and an expanded sophistication in dealing with international competition. We need to develop our own technology rather than depending on handouts from the U.S. This is the message of the Canadian Federation of Independent Business: we need to develop our own innovative companies to create our own "ism".

It's time, in other words, to have a good answer when people ask "What's wrong with Canada?" Kangaroo simply won't do anymore.

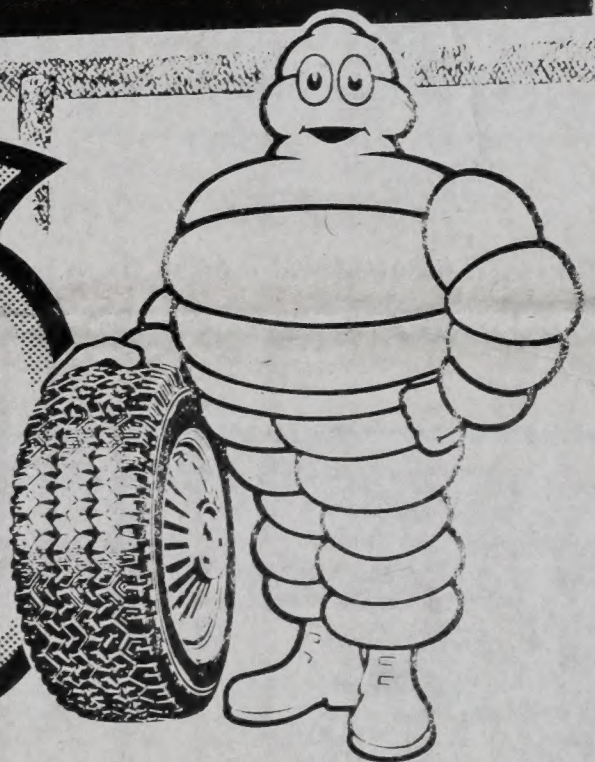


STANHOPE — The new addition to the Stanhope Township Municipal Office is really starting to take shape as seen above. With renovations to the original building and the new addition, which is being funded through the

Canada Works Project, the cost will be somewhere in the neighbourhood of \$8,500. The work is being done by contractor Doug Adamson and is expected to be completed by August of next year.



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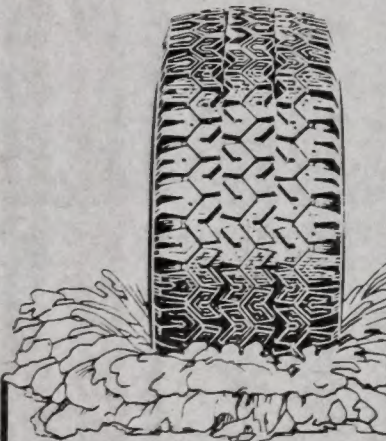


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BOB MANN, Publisher

CLIFF BURKE, News Editor

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Also the publisher takes no responsibility for statements or claims made in any advertisement and will, upon written request, reveal the name and address of person or persons responsible for placing any display advertisement, political or otherwise, except for "blind" box advertisements.

"MUSINGS" by EMI

As I start to write this, I hardly know what is expected of me, so if it is not to your liking please say so, for there comes a time in everyone's life when one must try something new or grow stale. Guessing was never a good game of mine, so until all is explained, do bear with my musings.

The exodus to a warmer climate has been going on for most of November, and even before. The G. A. (Sandy) Stewarts are living

in Mrs. Marion Hounsell's home while she is south. Mrs. Laura Mole from Hall Lake is staying in the Mark Vasey home while they are away. The Herb Shorter's have left for Florida, also many more are leaving or gone. By the type of weather we had this past week, wish I was there also.

Believe it or not but in old California "Cockeyed Charlie" considered one of the best stage drivers, lived and voted as a man from 1848 until 1879, when death revealed 'Cockeyed Charlie' actually was a girl named Charlotte Parkhurst. Guess there was Women's Lib. even way back then.

It seems that everything

was going on slow time at the Minden Arena last Saturday. All the minor hockey games were at least ½ hour late in starting. This is not good, with teams coming in from places quite a distance away, because after the minor hockey is over, the men's teams come for practice, and one gentleman from a town to the south of Minden very emphatically expressed his opinion of this in language unsuitable for anyone's ears, let alone the ears of children. Of course he had paid his time for the ice, but he was not interested in the young people, and made no allowance for the fact that some roads to the south were in bad condition, or there could have been an accident and there was but

lucky the chap was ok.

Teach me play the man in little things,
To suffer disappointments when I must,
To brave the irritation that life brings
And still be kind and generous and just.

Besides hockey on Friday, Saturday and Sunday, many other things are going on in Minden. There are mini-card parties every Thursday afternoon. This week there is the UCW luncheon, bake and bazaar tables at the United Church. Saturday evening the skating club dance at the arena at 8 p.m. Some people asked what do we do up here in the winter—but some weeks there are not enough days for all that goes on.

The Agricultural Society are offering \$25 for the best crest for the County Fair. Sure wish I could draw.

I watched the Armistice Day service on the TV last Friday and was glad to see some young people at it, for to them it must seem unreal just as the pioneers of this country seem unreal to some of us. The true fact is that the threat of war is never far away. Think of the problem in Ireland and even closer to home, in Quebec. No one wants to see another war, and so we must try harder to understand the problems of other peoples and countries, not just shrug them off and say this could not happen here.

On a lighter vein I watched the Santa Claus parade on Sunday and enjoyed the



Thinking Slim BY JEAN NIDETCH

How often have you sat down to dinner and been hailed with the phrase, "heartly appetite!"

If it's one thing those of us who've tussled with excess poundage don't need to hear, it's that. After all, one of the reasons we've found ourselves toting unnecessary weight is due to appetite.

Not hunger, mind you, because hunger is something else again and the difference between the two can't be stressed enough.

Let me illustrate. A young woman I know recently told me about a cocktail party she attended that turned into a horrendous "panic" eating experience for her.

It seems it was her first date with a certain man she'd had her eye on for some time, and she couldn't have been happier. At first.

But after awhile, the young man began to show a marked interest in a certain blonde.

"I didn't know what to do," my friend said. "Here I thought Tom and I were going to build a beautiful relationship, and on our very first date, he was losing interest."

"Food has always been a source of comfort to me, so my natural, first reaction was to head for the hors d'oeuvres. I must have literally cleaned out two dishes of peanuts and half the potato chips in sight. I had eaten only a few hours before so I certainly wasn't eating because of physical hunger. I was eating because I was unhappy and didn't know how to deal with the situation."

Well, my young friend eventually was taught how to deal with stress eating. No matter how fickle a boyfriend might be, or how depressing the weather, or whatever the reason to eat outside of legitimate hunger, she wasn't going to let her "appetite" send her from one dress size to another time and time again.

"Whenever I find my appetite growing for food," she said, "and I know that it's truly appetite and not hunger, I try to analyze what's bugging me."

"And while I'm doing that, I've learned to plan ahead for such stress situations. I know that instead of turning to food, I turn to working on my photo album, or writing those letters I've been putting off, or cleaning out those messy drawers. It's a two-fold accomplishment: I've completed a task and I've helped myself in maintaining a trim figure."

So far, she's doing splendidly. And she's not doing anything you can't do, my friend, if you want to lick the "appetite devil."

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happy faces of all the children along the route. The cold didn't bother them at all.

Believe it or not but the Guillotine that horrible machine of the French Revolution was used by the Irish nearly 500 years before the French.

One day of standing in line to buy yule gifts brings out the Ebenezer Scrooge in us.

Friend across the desk says he's planning a new punch for the office party, and he'll hang it on the first guy who gets out of line.

An ounce of prevention is pretty expensive at druggists' rates today.



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Ont. Bowlers Congress lottery

The 1977-78 OBC Lottery has now been approved by the Licensing Committee of Ontario and the tickets are to be distributed at the Semi-Annual meeting in November. As you know, the success of the Ontario Bowlers Congress is dependent on the successful operation of the Lottery each year. This can only be accomplished with the mass circulation of tickets throughout the entire province.

This year's Grand Prize is a 1978 Buick LeSabre. Second to sixth prizes are 1978 RCA Colour Television sets.

Each book of tickets contains ten tickets, selling for \$1. a ticket. The Association returns \$7. to the OBC for each book sold and the Association keeps \$3.

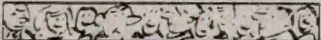
An Incentive Program has also been set up. The top selling association will receive a \$500. bonus, second \$300 and third, \$200.

Most executives will agree that many of our associations have been somewhat less than successful with the Lottery in the past, therefore, it is imperative for the Ontario Bowlers Congress that every association support this program to the best of its ability.

The goal of the 1000 Lakes Bowlers Association should be to sell the same number of tickets as it has members this year. This would ensure the success of our

OBC Lottery.

The 1000 Lakes has until January 15th to sell its quota of books and the financial transactions of the Association and the OBC must be completed by January 30th, 1978.



Back in 1800 when John Adams was president, the population of the U.S. hit five million. Now it's over 215 million.

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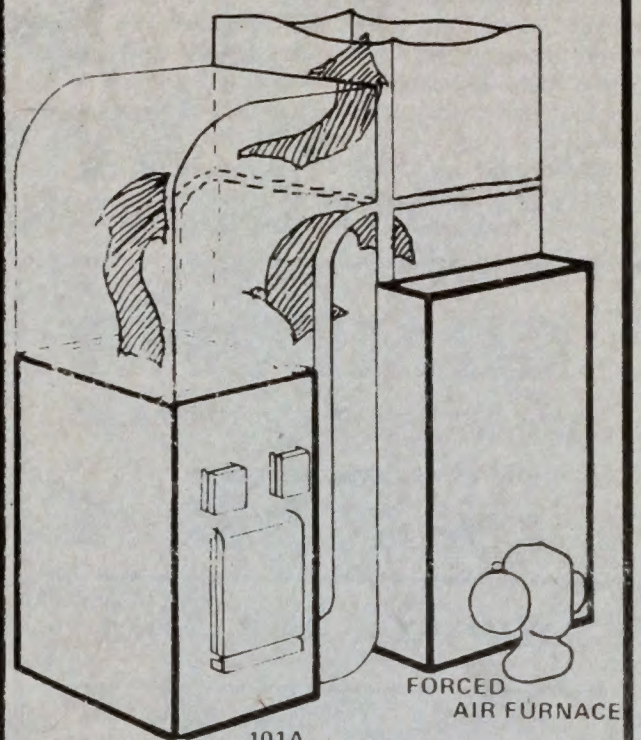
Fri 18 Sat 19 PETER FONDA SUSAN SAINT JAMES OUTLAW Blues ROCKY HARRISON VIVA KNEEVEL!	Sun 20 PETER FONDA Fighting MAD JACK PNEAVE TIMMONS ALEXIA THE GUNNY
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NOVEMBER 24th



BOMBED

from page 13

fort. Minden added three more in the second and one in the third.

Thomas Closs picked up two more to give him the hat trick, both set up by Dillon and Forbes. Forbes also picked up two more to gain the hat trick, one unassisted and the other arranged by Dillon.

The Bantams lost a heart breaker 3-2 to Sunderland on Sunday, when the visit-

ors built up a 3-0 lead in the first half of the game and Minden came back with two goals in 23 seconds off the stick of Ward Crego in the second period to make it close. The second set up when Terry Allore sent him away from a face-off.

Brett Porter was between the pipes for Minden in this contest and was a little shaky in the first period but settled down in the second and third and played very well.

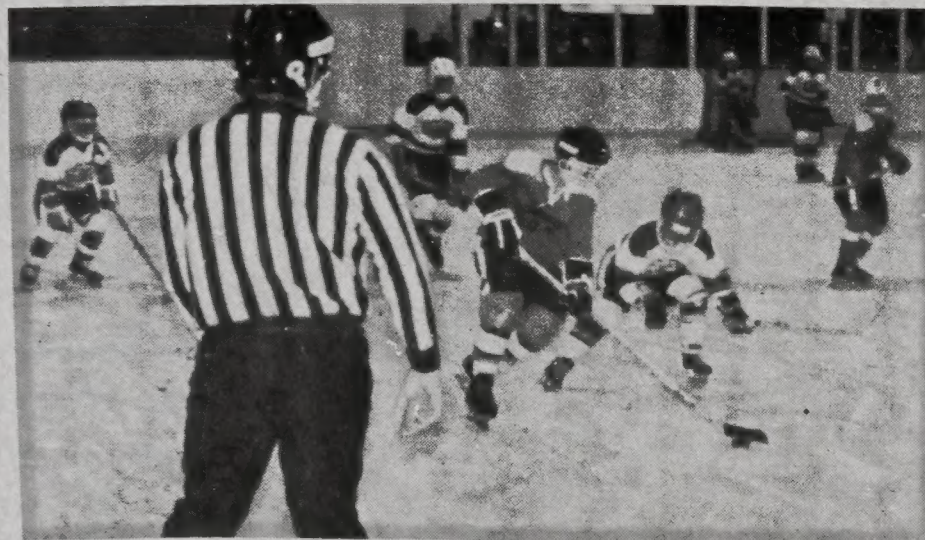
It's a sorry day in minor hockey when two referees

are forced to hand out 128 minutes in penalties, two match penalties and two game misconducts. However that's exactly what happened on Sunday evening at the Centre between the Minden and Fenelon Falls TC Mid-gets.

The game was won by Fenelon 9-2 and were full marks for their victory as they are much bigger and better hockey team than the Minden team. However, rather than play hockey they only seemed interested in slashing, fighting, spearing and abusing the officials

"Referee's Ron Smith and Larry Card called a fine game under very trying conditions," said Minden coach, Dave Waite. "These teams deserved every penalty called on them by the two referees and more."

Referee Ron Smith was pushed by Fenelon's Don Beaudrey and Minden's Luther Crego and both received match penalties which could result in up to five game suspensions. Referee Smith tossed two others out of the game, one for abusive language, and men in a fight, Rex Anderson.



PEEWEE ACTION at the Centre in Minden where the OMHA Minden squad doubled the score on Cannington, 4-2. Here Kevin Warburton attempts to take puck from Cannington player who had partial break-away.

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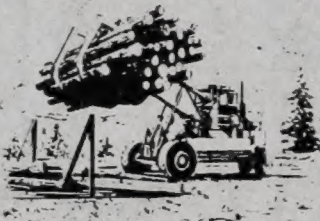
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First aluminum wire hearing set

Dr. J. Tuzo Wilson, C.C., Ph.D., P.Eng., recently appointed Commissioner of a Provincial inquiry concerning the use of aluminum wiring in Ontario homes, announced today that the Commission's first of a number of public hearings will take place on Monday,

Scoring in the game for Fenelon were Doug Trail with three, Glen Finch with two and singles went to G. Brown, Tom Barber, Kevin Begg and Steve White.

Brian Hogg had an unassisted goal for Minden while Bill Jones scored the other from Rex Anderson and Les Both.

Why do the stout women with the large packages wait till rush hour to take the bus home from yule shopping?

June 6th at 10 a.m. at the Auditorium, Ontario Institute for Studies in Education, 252 Bloor St. West, Toronto.

Dr. Wilson, who was appointed Commissioner of the inquiry by an Order-in-Council in April of this year, has been on the staff of the Department of Physics, U. of T. for the past 30 years and is an internationally known scientist. Since 1974 he has been Director-General of the Ontario Science Centre.

Two Technical Advisors to the Commission are Professors George B. Craig, Ph.D., P. Eng., and K.D. Srivastava, Ph.D., P. Eng.

Professor Craig graduated from the University of Toronto following service in World War II. After working with the Department of Energy, Mines and Resources in Ottawa he re-

turned to Toronto to become Professor of Metallurgy and Chairman of the Centre for the Study of Materials.

Professor Srivastava was born in Kanpur, India and received his doctorate in engineering at the University of Glasgow. He worked at the Rutherford High Energy Laboratory of the Science Research Council in England until 1966 when he came to the University of Waterloo where he is Chairman of the Department of Electrical Engineering.

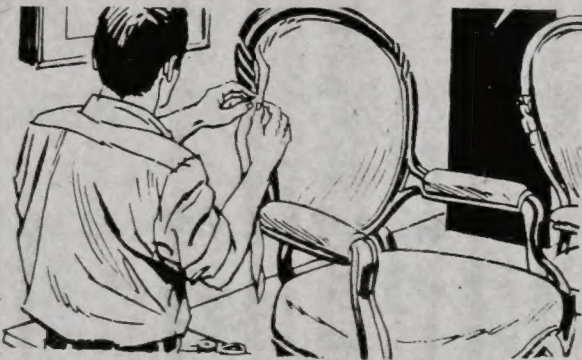
Counsel for the Commission is William J. Anderson, Q.C.

Those wishing to present briefs at hearings, should notify, in writing, Mr. D.V. Fowke, F.M.C., Secretary of the Commission at Hickling-Johnston Ltd., 10th floor, 415 Yonge Street, Toronto, Ontario M5B 2E7

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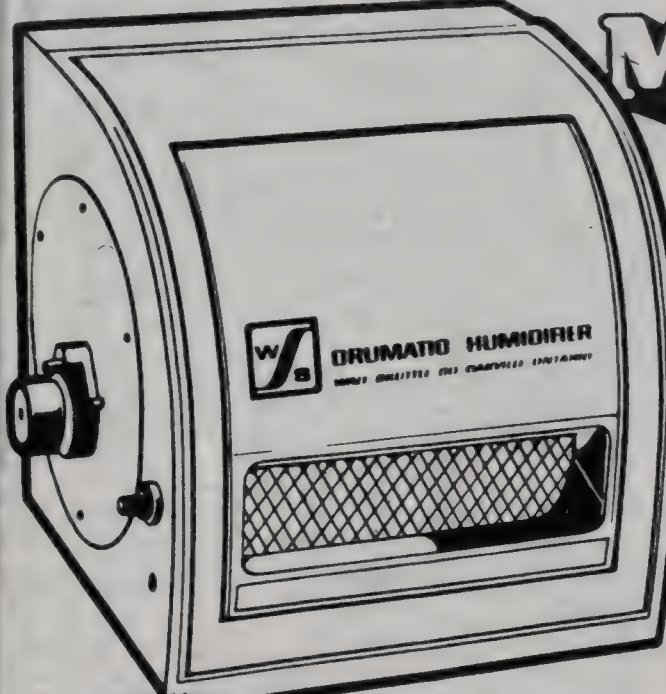
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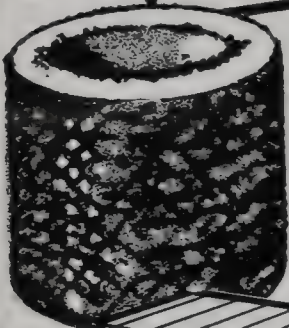
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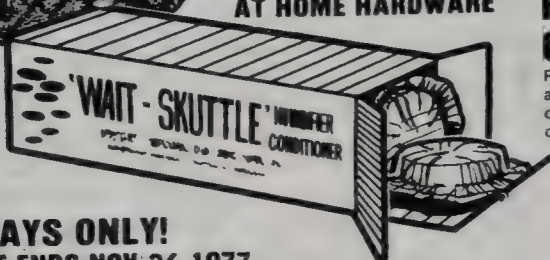
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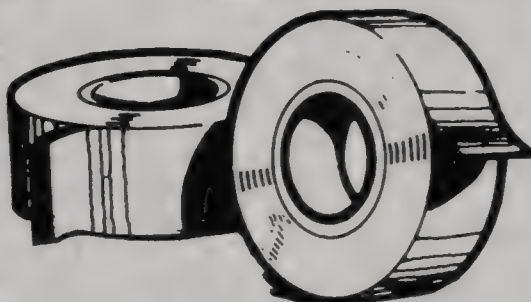
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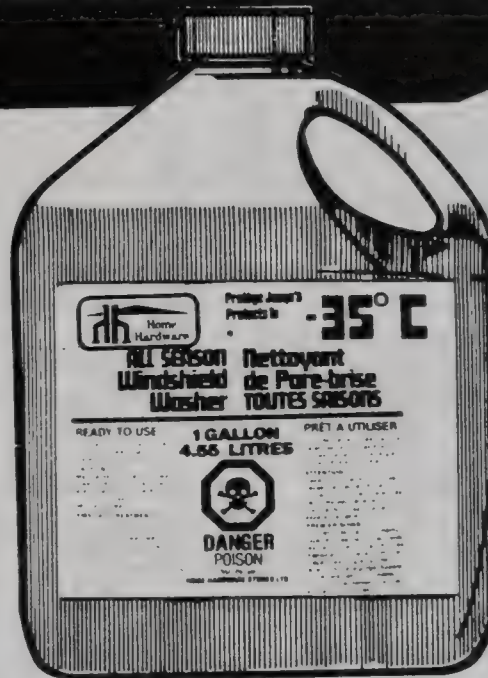
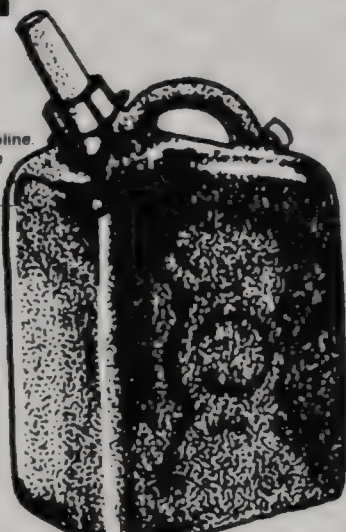
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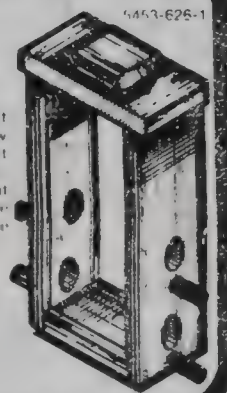
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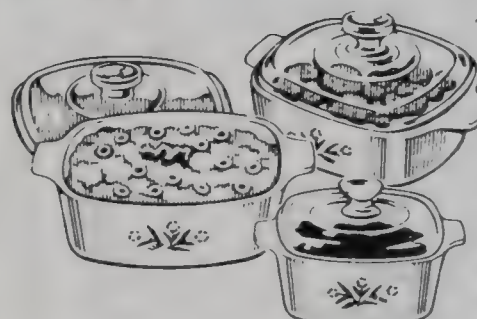


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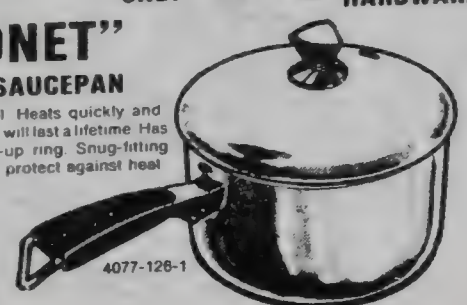
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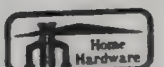
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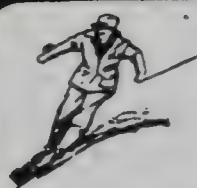
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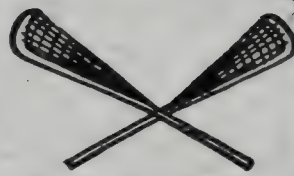
MINDEN

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Sports



Wilson, Holroyd lead YBC Seniors to finals

107 YBC Seniors between the ages of 14 and 17 gathered at Oshawa Lanes in Oshawa, (60 boys) and the County Bowl in Whitby, (47 girls) to decide the seven, (four boys and three girls), that would represent Zone J in the Senior Mixed Team Provincial Championships, later this month.

Mike Wilson of Fenelon Falls will lead the team into the Provincials, after rolling a five game set of 1265. Mike rolled singles of 231, 288, 250, 243, 253 for a five game average of 253. Jo-Anne Holroyd of Liberty Bowl in Bowmanville led all girl qualifiers with 1209 five game set, good for a 241 average.

The balance of this team, which, from the scores bowl ed Sunday, should do extremely well at the Provincial Championships.

Dale Strutt of Motor City in Oshawa, finished second with 1224, third was Allan Collins, also of Motor City with 1210 and fourth was Doug Griffin with 1182. For the girls, Shelly Hill of Oshawa Lanes, with 1187 and Adele Charlebois of Lakeview Lanes in Peterborough

represented at this tournament, with seven boys and three girls participating. Mike Hatoski led the boys with 940, good for 25th place and Cathy Darby led the Carnarvon girls with 933 & 27th spot. Others participating were Sean Harrison 919

1977 OASA champions

The Ontario Amateur Softball Association recently announced the 1977 Champion list in all 28 divisions under its jurisdiction.

Championships of local interest include the Intermediate 'C' title, which Minden and Haliburton have fought for in the past few years. This year's winner was Elm vale. They lost the first game series against Caledonia, but came back to take two thrillers, 4-3 in 18 innings and 2-1 in 13 innings in semi-final action. Elm-vale then met Hearst in the finals, also a two of three series. In the first game they went 10 innings before winning 2-0, they lost the second game 4-3 and then wrapped up the Championship with a 4-1 victory in the third game.

In other divisions, Osha-

(29th), Ronnie Yake 915 — (32nd), Kim Griffin 843 — (39th), Linda Booth 696 — (46th), Shane Blakey 811 — (49th), Scott Arbuthnot 808 (50th), Richard Lichty 746 (57th), and Ricky Beene 668 (60th).

Ingoldsby, Progress, fight for 1st series

With only one night left in the Men's Commercial, 1st Series, Ingoldsby holds a slim one point edge over defending 1976-77 league and play-off champions, Minden Progress. Ingoldsby leads with 143½ to 142½.

Third are Peterboro Lumber, who moved all the way from 5th, thanks to the fine 707 rolled by Fred Cox. Jim Wilson pitched in with a fine 293 single and Harris Stelle had 297 single. The Lumberman picked up 18 points out of a possible 21 on the night.

wa Merchants took the Senior 'A' crown, Owen Sound won the Senior 'B' championship, Schumacker won the Intermediate 'A' title over Norwich, the Junior 'B' crown went to Grafton who destroyed Elliot Lake in the finals 11-1 and 6-0.



NORWOOD — Above the Haliburton Highlands Senior Redmen attempt to halt the drive of the Norwood High School Knights in last weeks COSSA championship held in Norwood. Norwood went on to win championship 24-15 in a real thriller.

STINSON, BROWN SCORE TD's FOR REDMEN

Norwood Knights win COSSA Senior football championship 24-15 over Haliburton Redmen

Two undefeated football teams, Haliburton Highland Senior Secondary Redmen and Norwood and District High School Knights met on the Knights gridiron last week to decide the Kawartha 'A' Senior Football Championship.

The game was one of the finest High School football

confrontations seen in many years, with each team playing tough, clean, hardhitting football, with the lead changing hands four times throughout the contest, before a determined Norwood squad put the game out of reach, when Tim Coughlin scored on a one yard plunge late in the fourth quarter, giving the Knights the championship, 24-15.

Haliburton opened the scoring at the four minute mark of the first quarter when Dave Brown intercepted a pass by Ken Johnson at the Norwood 25 yard line and ran it in for a 6-0 Redmen lead. The convert was missed by Tim Davies. Norwood came back at the six minute mark to cut the Redmen lead to 6-3, on a 30 yard field goal by Lee Beamish.

Beamish then took a pass from Johnson near the end of the second quarter and ran around the right end to score from six yards out. This made the score at half time, 9-6 for Norwood.

On the first play of the second half, Norwood forced Haliburton into a punting situation at their own 40 yard line and Ronnie Yake boomed a 40 yard single to cut the Knight's margin to 9-7. Ed Roberts and Ron Consack dropping the ball carrier in the end zone for a touch back.

Early in the fourth quarter, the Redmen forced the Knights into a punting situation and with an all out rush. Blocked the kick on the Knight's 20 yard line. Three plays later Larry Stinson scored on an end-around run to put Haliburton ahead 13-9. Tim Davies then faked a convert and threw to Brian Mulholland for a two-point conversion and a 15-9 lead. Norwood then got their

act together and in eight plays, including two cracks from the one yard line, Tim Coughlin scored and a two point conversion by Vance Boviari, put the Knights ahead 'to stay', 17-15. The Knight's added another touchdown in the final minute by Mike Jasson, on another one-yard sneak, to up the count to 24-15.

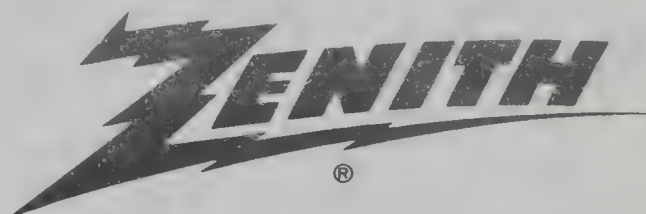
The Express interviewed coach Ian Brash after the game and he was extremely pleased and proud of his teams solid performance. "This is the last year for most of these boys and its great to see them go out a winner." With the bulk of them graduating, the school will not be fielding a senior football team next year. Some of the outstanding players on the field for Norwood were Lee Beamish, Ken Johnson, Darryl Payne, Chris Coughlin and Vance Boviari.

On the Redmen side, what can you say. This team never quit. They gave it every thing they had and the future looks extremely bright for the Haliburton football team in the coming two or three years, as most of this year's squad are in grade nine and ten.

As for Larry Stinson, words just can't relay the value he has been to this team in his final year. He had another incredible game for the Redmen, rushing for more than 200 yards and cracking the 1000 yardmark for the season, which by the way, was a mere six games.

Congratulations Haliburton Redmen on just a super year of football and may you have continued success next season.

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Sports



Bantams remain unbeaten, TC Midgets bombed 9-2, Atoms win 3-0

The Minden Minor Hockey scene over the weekend ranged from a thriller in OMHA Bantam play to ridiculous nonsense in TriCounty Midget action.

Dave Waite's OMHA Bantams continue to fly high in the league standings with their third straight victory and second in a row over Sunderland. Their latest victory at the Community Centre on Saturday evening, 4-3. The previous game with this fine Sunderland squad also ended 4-3.

On Saturday, Scott Arbuthnot led the way with two goals, including the winner with less than two minutes remaining in the game.

Sunderland opened the scoring at the 4:00 mark of the first on a goal by Ron Shaw. Minden tied the game 1-1, two minutes later on a shot by Harold Porter. The visitors went ahead again on Mike Windsor's goal mid way through the second.

However, Arbuthnot tied the game on an unassisted goal at 1:08 of the third period and then Ivan Ingram put Minden ahead for the first time in the contest at 8:27 with assists going to Cam Monk and Arbuthnot. Windsor dead-locked the contest for the third time at 12:05 and it appeared the teams would settle for a tie. Then Shawn Chapman fed a beautiful pass to Arbuthnot who made no mistake in blasting in what proved to be the winner.

The Bantams next game is in Fenelon on Thursday evening and then back to the Centre on Saturday for a 5:30 date with Little Britain.

In other OMHA action the Atoms recorded their 3rd straight home ice shutout, this time 3-0 over Little Britain. There previous victims were Little Britain in the season opener, 1-0 and Fenelon Falls, 2-0.

The PeeWees tied Sunderland 1-1, when Sunderland 1-1, when Sunderland's S.

Down soered with less than two minutes remaining in the game. Andrew Shapiera scored for Minden in the second period on a nifty set up from John Dillon.

In Midget action, Casey Cox and Tim Davies scored for Minden in their 2-2 tie with Sunderland.

Our Tri County PeeWees came up with their finest effort of the young hockey season on Sunday at the Centre when they clobbered Cannington 7-2.

Five goals were scored in the first period of this contest, with Minden ahead 3-2. Thomas Closs opened the scoring for Minden from

Kevin Forbes. S. Southern tied the game a minute later. Jim Coltman put Min-

den up 2-1 at 6:45 on a nifty set-up from John Dillon. R. Short came back with a

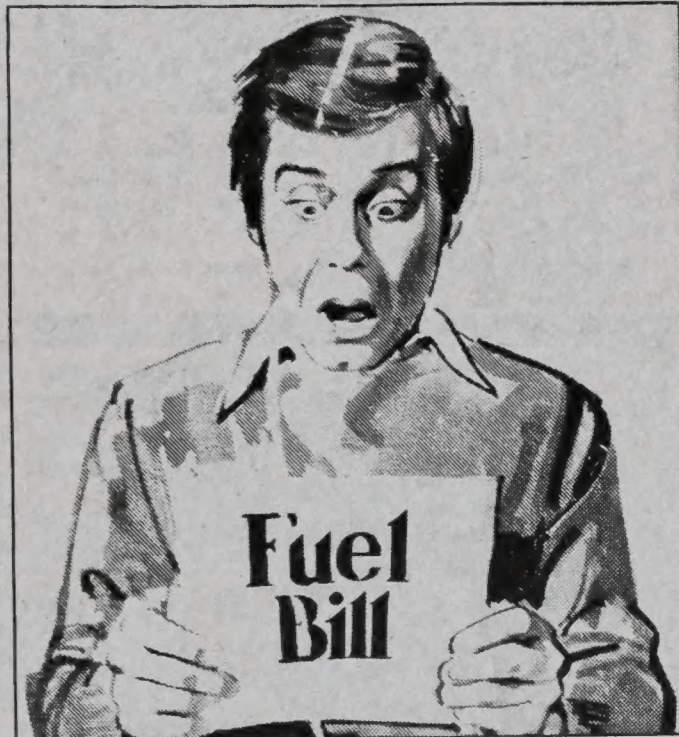
goal less than a minute later again for Cannington. With just six seconds left

in the opening period, Kevin Forbes put Minden ahead to stay on an unassisted ef-

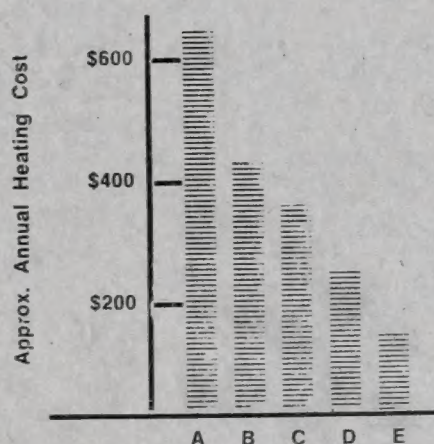
See Bombed, page 10

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Information obtained from Ontario Hydro Guide "Insulating Your Home"

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OSHAWA — The Zone J Champions of the Senior Mixed Team Championships. Above left to right, Mike Wilson, Fenelon Falls, Dale Strutt, Oshawa, Allan Collins, Oshawa and Doug Griffin, Whitby. These four boys will be joined by three girls to make up the Senior Mixed Team

representing Zone J at the Provincial Championships being held on Sunday, Nov. 27th. The three young ladies are, Jo Anne Holroyd, Bowmanville, Shelly Hill, Oshawa and Adele Charlebois of Peterborough.

Decision allows girls to play in boys hockey

A special inquiry set up by Ontario Labour Minister Bette Stephenson last week set down a decision that the Ontario Minor Hockey Association (OMHA) must allow girls to compete at all levels of play under its jurisdiction if coaches decide the candidates have the ability.

This includes players in juvenile ranks, 17 years old.

"I'm disappointed at the decision," said Gerry Fullan president of the Metro Toronto Hockey Association. "To me, it's a foolish move."

The inquiry, headed by University of Toronto law professor Mary Eberts, heard three days of testimony last summer concerning a case in Huntsville.

Gail Cummings, 11, landed a spot as goaltender on the town's all-star boys atom team last winter. The OMHA ruled she could not play.

The girls mother went to the Human Rights Commission, complaining of sex discrimination.

"If girls are allowed to play with boys," said Fullan, "many things would change. For one thing, I think most boys are raised with a certain amount of respect for their opposite sex."

How much respect can a boy have when at say, 12, he faces a girl on the ice and has to knock her down or bodycheck her?"

Al Moore, president of the OMHA refused to comment on the inquiry decision.

"We are appealing the decision and feel it would be improper to discuss it further."

Hugh McLean, president of the Ontario Hockey Association, said: "I'm shocked by the decision. If it is upheld there will be untold ramifications. There's been a lot of talk lately about girls in hockey and there is a movement in Ontario to get more leagues for girls. I think it will straighten itself out."

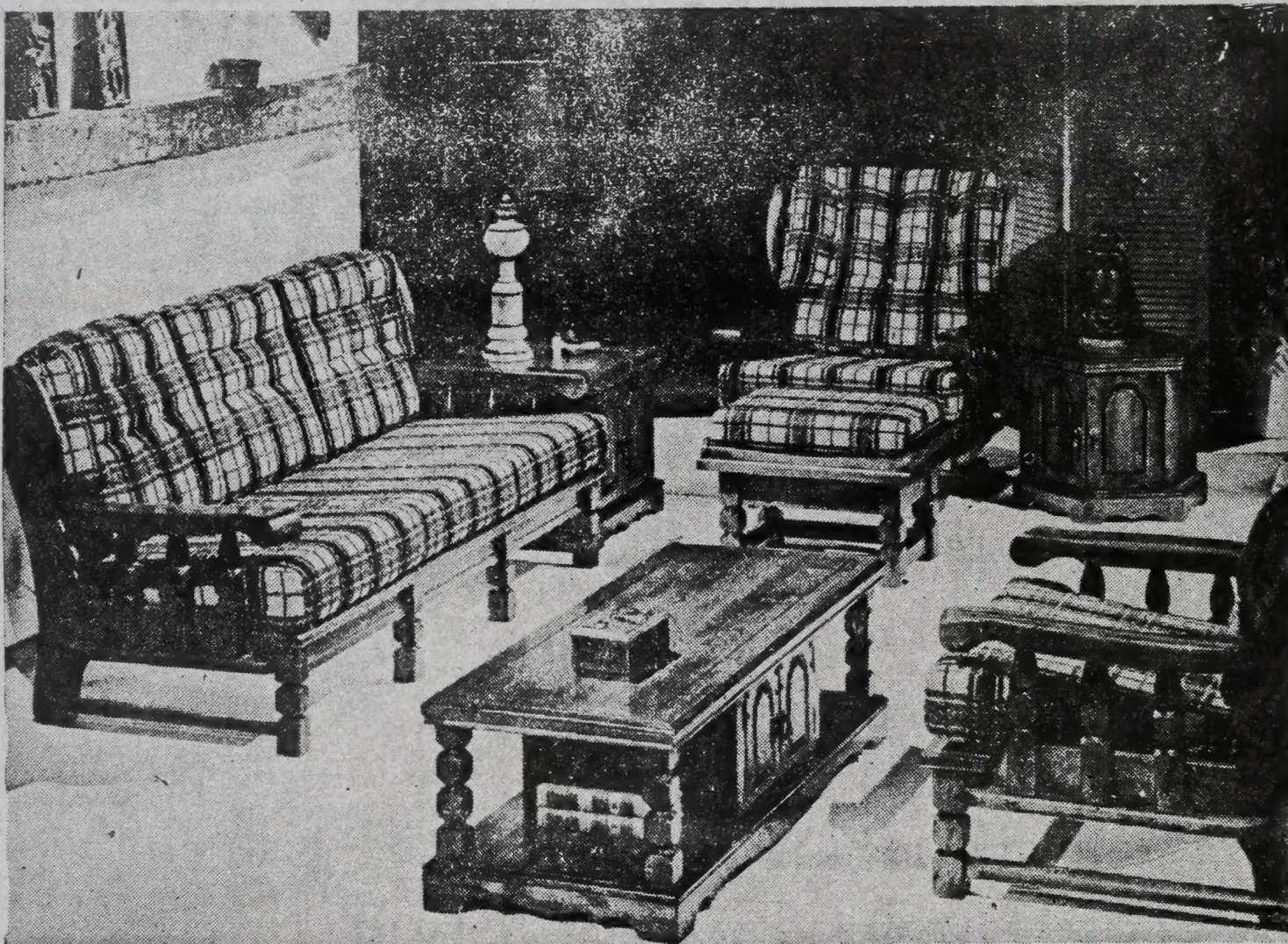
Toronto lawyer Bill McMurry, who three years ago headed an investigation into violence in amateur hockey in Ontario, was surprised by the decision to allow girls to play in boys hockey.

"I would question parents who feel their daughter should play against boys."

If girls do play against boys there should be an age limit, say 12. It makes no sense to allow girls once past the age of puberty to compete against boys. The physical differences are too great.

"No man is rich who wants any more than he has got."
Josh Billings

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Hunter shoots self in foot

COBOCONK—John Edward Arney, 18, of Lansdowne Ave., in Toronto, was admitted to Ross Memorial Hospital, Lindsay, after a Monday morning hunting accident. Coboconk Provincial Police investigated the accident at the Digby Laxton Township Line early Tuesday morning.

Mr. Arney is reported to have been carrying a 303 rifle with the safety catch off, when it discharged and the bullet pierced his second toe on his right foot. A hospital spokesman reported him in good condition.

The accident is the first reported in this district since the deer season opened.

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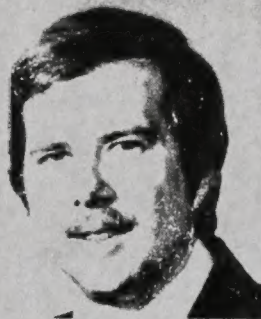
A note of sincere thanks to all who helped and supported with donations of money as well as prizes in the effort to help a young man who has had a bad year. An amount in excess of \$500 was raised to help with Mark's education. Thanks again, Yvonne Penney. (1c)



THE WEALTHIEST prodigy around these days is 17-year-old Steve Cauthen. Cauthen became the first jockey to earn more than \$5 million in purses last month when he rode Rare Joel to victory in a \$10,000 race. The Kentucky youth has ridden more than 420 winners in 1977.

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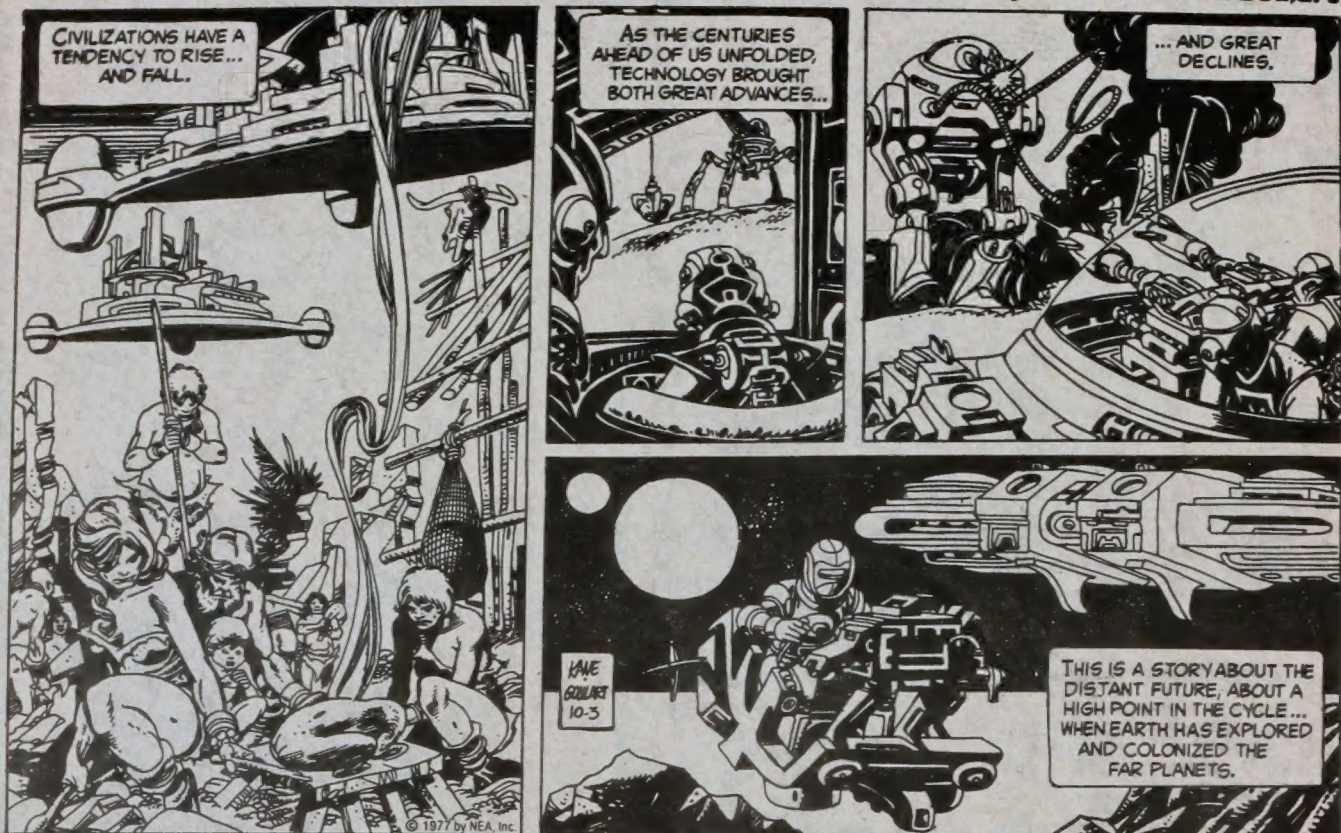
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Superspecial for TV features The Beatles Music

The most popular musical group of all time, and a symbol of youth in the '60s, the Beatles wrote 195 songs during their period of togetherness and collaboration. You can hear some of these songs on Superspecial Monday, Nov. 21st at 9 p.m. entitled The Beatles' Music Changed the World... and How.

The majority of the Beatles tunes were chart-toppers on the hit parades from India to Inuvik, and even today, years after their final split, amazing offers are being made, in the millions, to entice them to re-group, if only for a single concert.

This special is a colourful package of salutes to the four superstars, Paul, John, George and Ringo, who started it all, with pop luminaries as David Clayton Thomas with Blood, Sweat and Tears; Melanie; Frankie Vallie; Melissa Manchest-

er and Richie Havens lending their talents in tribute.

Lennon, McCartney, Harrison and Starr are not actually appearing, but their spirit, in their wonderfully lyrical songs, shine through such favourites as Long and Winding Road (Melanie), Got to Get You Into My Life (Melissa), Lady Madonna (Blood, Sweat and Tears), Here Comes the Sun (Richie Havens) and Fool On The Hill (Frankie Vallie), plus many more.

The essence of the Beatles musical appeal was their gift for melody and a driving rhythm. The dynamic performances of David Clayton Thomas with BS&T, for instance on Get Back, and the basic sweetness of Melissa Manchester singing the familiar Here, There and Everywhere evoke a feeling of the Beatles that is 'right on'.

THE LIGHT SIDE —

Caught in the act

A tiny sports car leaves a lot to be desired as a midnight trysting spot, two secret lovers have learned.

Wedge into a two-seater, a near-naked man was suddenly immobilized by a slipped disc, trapping his worn-out companion beneath him, says a doctor writing in a medical journal in London, England.

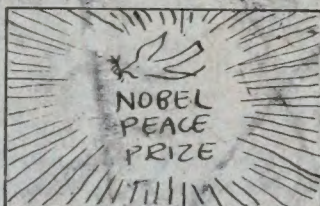
The desperate woman tried to summon help by honking the horn with her foot. A doctor, ambulance-man, firemen, and a group of 'interested' passers-by quickly surrounded the cou-

ple's car in Regents Park.

"The lady found herself trapped beneath 200 pounds of pain-racked, immobile man," said Dr. Brian Richards of Kent.

"To free the couple, firemen had to cut away the car frame."

The distraught woman, helped out of the car and into a coat, sobbed: "How am I going to explain to my husband what has happened to his car?"



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